

**ВЯ**

**THE BEAUTY RETREAT**

*Treatments*

## EYES

£

### Eye Treatments

A tint/glue test is required 24 hours prior to any tinting treatment.

Eyebrow shape

8

Eyebrow tint

7

Eyelash tint

9

Eyebrow shape and lash tint

15

Eyebrow shape and brow tint

12

Eyebrow tint and lash tint

14

Eyebrow shape, eyebrow tint  
and eyelash tint

20

False lashes

20

Lash lifting treatment

30

NAILS	£
<b>Artificial Nail Enhancements</b> In gel or acrylic, performed by a master nail technician and lasting three to four weeks.	
Full set of nail extensions	35
Infill of artificial nails French finish	26
Infill of artificial nails and gel polish	28
Repairs [ <i>per nail</i> ]	3.50
Tidy & polish French finish [ <i>between infills</i> ]	10.50
Tidy & polish with gel colour [ <i>between infills</i> ]	16.50
Artificial nail removal [ <i>with luxury manicure</i> ]	25
Artificial nail removal [ <i>with nail tidy</i> ]	15.50
Nail art	3.50+
NSI Gel Toes	20

	£
<b>Bio-sculpture Nail Enhancements</b> Applied over the natural nail and guaranteed not to damage or chip. Available in colour or French finish, lasting three to four weeks.	
BioGel manicure	28
BioGel infill	28
Repairs [ <i>per nail</i> ]	3.50
BioGel nail removal [ <i>with luxury manicure</i> ]	25
BioGel nail removal [ <i>with nail tidy</i> ]	15.50
BioGel toe enhancements [ <i>French finish or colour</i> ]	25
<b>Natural Nail Treatments</b> Replenish and revitalise tired hands and feet.	
Luxury manicure	24
Manicure	18
Nail tidy and polish [ <i>hands or feet</i> ]	12
Luxury pedicure	29.50
Pedicure	24
Pedicure with BioGel toes	40

SKIN	£
<b>Dermologica Skin Treatments</b>	
Relaxing facials designed to deliver skin health. Revitalising and replenishing, personalised to your skins needs.	
Core facial treatment [ <i>inc. steam and mask</i> ]	32.50
Advanced/luxury facial	45
Replenishing eye rescue	25
Microdermabrasion treatment	35
<b>A Lift Treatment</b>	
A Lift non surgical facelift delivers a nano and micro current to reverse the signs of ageing at a cellular level. Tightens, firms, tones the skin and lifts muscle tissue.	
Express A lift	30
Signature A Lift	45
Course of six or ten A Lifts	255/395
Add Microdermabrasion to any treatment	10
<b>Ultimate Spray Tanning</b>	
Achieve a safe, flawless, natural-looking tan in minutes. Light, medium, dark or ultra-dark.	
Half body	10
Full body	14.50

BODY	£
<b>Body Treatments</b>	
Aromatherapy treatments for the body.	
Luxury body & face treatment [ <i>exfoliation, body mask and moisturise</i> ]	50
Full body massage	45
Pre holiday scrub	35
Back massage: 30 mins [ <i>inc. scalp</i> ]	25
Luxury back massage: 45 mins [ <i>inc. scalp</i> ]	30
Hot stone back massage: 45 mins	30
Hot stone full body	50
Indian head massage: 60 mins [ <i>inc. back, neck and scalp</i> ]	37.50
<b>Inchloss Body Wraps</b>	
Ideal for slimming and firming the body whilst nourishing skin and breaking down cellulite.	
Full/half body	55/40
Course of three or six body wraps	140/275
Full body wrap and facial	80

PAMPERING	£
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<p><b>Pamper Packages</b> Any package can be tailored to meet your individual needs.</p>	
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<p><b>Top-to-Toe Package</b> Total pampering experience.</p> <ul style="list-style-type: none"> <li>· Pedicure</li> <li>· Manicure</li> <li>· Full body massage [with Indian head massage]</li> </ul>	100
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<p><b>Party Package</b> Great before a special occasion.</p> <ul style="list-style-type: none"> <li>· New nails/BioGel nails</li> <li>· Gel toes</li> <li>· Spray tan</li> </ul>	65
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<p><b>Holiday Package</b> Prepare for your getaway.</p> <ul style="list-style-type: none"> <li>· ½ leg, underarm and bikini wax</li> <li>· Eyebrow shape</li> <li>· Eyelash tint</li> <li>· Nail tidy and polish [hands and feet]</li> </ul>	62.50
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HAIR REMOVAL	£
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<p><b>Waxing</b> Quick, effective removal of unwanted hair.</p>	
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½ leg wax [inc. knee]	15
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Full leg wax	22.50
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Bikini tidy wax	10
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Bikini specialist wax	15+
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Underarm wax	8
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Full arm wax	14
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½ leg, underarm and bikini wax	29
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Full leg, underarm and bikini wax	35
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Lip wax	6
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Chin wax	6
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Lip and chin wax	10
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MEN

£

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**Treatments for Him**

Tailored treatments for male grooming.

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Back massage

25

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Back massage [*with Indian head massage*]

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Hot stone back massage

30

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Hand and nail treatment

20

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Chest wax

22

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Back wax

22

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**Terms and conditions**

Cancellations require a minimum of 24hrs notice (24hr answering machine). There may be a charge for late cancellations or missed appointments.

Gift vouchers are available for any value and may be used for treatments and products [valid for six months from purchase]

**Important information**

All tints and false lash treatments require a skin test 24 hours prior to treatment. Please inform your beauty therapist of any medical condition or if you are [or think you might be] pregnant.

**The Beauty Retreat**

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[www.beauty-retreat.co.uk](http://www.beauty-retreat.co.uk)

Mon closed

Tue 10am – late

Wed 10am – late

Thu 10am – late

Fri 9am – 6pm

Sat 8.30am – 2pm

Sun closed